



Dublin Novice & Juvenile Even Age Cross Country Championships

Sunday 6th October 2024 – Phoenix Park

Event Schedule

Event	Distance	Start Time	Course Details
U10 Girls	1000m	11:00	1 X 1000m
U10 Boys	1000m	11:10	1 X 1000m
U12 Girls	2000m	11:20	2 X 1000m
U12 Boys	2000m	11:35	2 X 1000m
U14 Girls	2500m	11:55	1 X 1000m + 1 X 1500m
U14 Boys	2500m	12:10	1X 1000m + 1 X 1500m
U16 Girls	3500m	12.25	2 X 1000m + 1 X 1500m
U16 Boys	3500m	12.45	2 X 1000m + 1 X 1500m
U18 Girls	4500m	13:05	3 X 1500m
U18 Boys	4500m	13.30	3 X 1500m
Novice Women	4000m	13:50	1 X 1000m + 2 X 1500m
Novice Men	6000m	14.15	4 X 1500m