

# Dublin Juvenile Indoor Championships 2023

U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	Event
				60m Hurdles 12.2.22	60m Hurdles 12.2.22	60m Hurdles 4.2.22	60m Hurdles 4.2.22	60m Hurdles 4.2.22	60m Hurdles 4.2.22	60m Hurdles 4.2.22	60m Hurdles 4.2.22
60m 12.2.22	60m 12.2.22	60m 12.2.22	60m 12.2.22	60m 12.2.22	60m 12.2.22	60m 5.2.22	60m 5.2.22	60m 5.2.22	60m 5.2.22	60m 5.2.22	60m 5.2.22
							200m 4.2.22	200m 4.2.22	200m 4.2.22	200m 4.2.22	200m 4.2.22
								400m 5.2.22	400m 5.2.22	400m 5.2.22	400m 5.2.22
300m 25.2.22	400m 25.2.22	500m 25.2.22	600m 25.2.22	600m 25.2.22	800m 25.2.22	800m 4.2.22	800m 4.2.22	800m 4.2.22	800m 4.2.22	800m 4.2.22	800m 4.2.22
							1500m 5.2.22	1500m 5.2.22	1500m 5.2.22	1500m 5.2.22	1500m 5.2.22
<b>Please note the dates:</b>						1000m walk 5.2.22	1000m walk 5.2.22	1000m walk 5.2.22	1000m walk 5.2.22	1000m walk 5.2.22	1000m walk 5.2.22
Entry closing - Event.					Long jump 25.2.22	Long jump 25.2.22	Long jump 25.2.22	Long jump 4.2.22	Long jump 4.2.22	Long jump 4.2.22	Long jump 4.2.22
27.1.22 - 4.2.22					high jump 12th(G) 25th(B)	high jump 12th(G) 25th(B)	high jump 12th(G) 25th(B)	high jump 12th(G) 25th(B)	high jump 12th(G) 25th(B)	high jump 12th(G) 25th(B)	high jump 12th(G) 25th(B)
27.1.22 - 5.2.22								triple jump 5.2.22	triple jump 5.2.22	triple jump 5.2.22	triple jump 5.2.22
3.2.22 - 12.2.22											
3.2.22 - 25.2.22					Shot Putt 12.2.22	Shot Putt 12.2.22	Shot Putt 12.2.22	Shot Putt 4th(G) 5th(B)	Shot Putt 4th(G) 5th(B)	Shot Putt 4th(G) 5th(B)	Shot Putt 4th(G) 5th(B)
16.2.22 - 26.2.22											
No lates entries will be accepted.						Pole V 5.2.22	Pole V 5.2.22	Pole V 5.2.22	Pole V 5.2.22	Pole V 5.2.22	Pole V 5.2.22
Clubs must provide Officials.					Relay 26.2.22	Relay 26.2.22	Relay 26.2.22	Relay 26.2.22	Relay 26.2.22	Relay 26.2.22	Relay 26.2.22

This programme is subject to change subject to the volume of entries.

All efforts will be made to make the programme as conducive as possible to the athletes.

## Day 1 Dublin Juvenile Indoor Championships 2023

**Closing Date for Entries - 27th January**

**Saturday 4th February - Abbotstown**

Track		
Time	Event	Age
10:30-10:45	200m Heat	16G&B
10:45-10:55	200m Heat	17G&B
10:55-11:05	200m Heat	18G&B
11:05-11:10	200m Heat	19G&B

Straight finals if heats are not required

11:15-12:00	800m Heat	15G&B
12:00-12:20	800m Heat	16G&B
12:20-12:35	800m Heat	17G&B
12:35-12:50	800m Heat	18G&B
12:50-13:00	800m Heat	19G&B

13:00-13:15	200m Finals	16-19
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### Break

14:00-14:15	60m Hur 2'6" Heat	15G
14:15-14:25	60m Hur 2'6" Heat	16G
14:25-14:30	60m Hur 2'9" Heat	15B
14:30-14:35	60m Hur 2'9" Heat	16B
14:35-14:40	60m Hur 2'6" Heat	17G
14:40-14:45	60m Hur 2'6" Heat	18G
14:45-14:50	60m Hur 2'9" Heat	19G
14:50-14:55	60m Hur 3'0" Heat	17B
	60m Hur 3'0" Heat	18B
14:55-15:00	60m Hur 3'3 Heat	19B

Straight finals if heats are not required

15:30-16:00	800m Finals	15-19
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16:00-16:30	60m Hur Finals	15-19
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Field		
Time	Event	Age

11:30-12:30	Shot Putt Girls (3K)	16/17
12:30-13:30	Shot Putt Girls (3K/4K)	18/19
13:30-14:00	Shot Putt Girls (2.72K)	15

14:00-15:00	Long Jump Boys (Pit 1)	17-19
14:30-15:00	Long Jump Girls (Pit 2)	17-19
15:00-16:00	Long Jump Boys (Pit 1)	16
15:00-16:00	Long Jump Girls (Pit 2)	16
16:00-17:00	Long Jump Girls (Pit 1)	15
16:00-17:00	Long Jump Boys (Pit 2)	15

**Day 2 Dublin Juvenile Indoor Championships 2023**

**Closing Date for Entries - 27th January**

**Sunday 5th February - Abbotstown**

**Track**

Time	Event	Age
10:00-10:05	400m Heats	17G&B
10:05-10:10	400m Heats	18G&B
10:10-10:20	400m Heats	19G&B

Straight finals if heats are not required

10:45-11:05	1500m Heat	16G&B
11:05-11:20	1500m Heat	17G&B
11:20-11:30	1500m Heat	18G&B
11:30-11:40	1500m Heat	19G&B

Straight finals if heats are not required

12:00-12:15	400m Finals	17-19
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**Break**

13:00-13:30	60m Heat	15G&B
13:30-14:00	60m Heat	16G&B
14:00-14:15	60m Heat	17G&B
14:15-14:25	60m Heat	18G&B
14:25-14:35	60m Heat	19G&B

Straight finals if heats are not required

14:35-14:50	60m Finals	15-19
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15:00-15:45	1500 Finals	16-19
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15:45-16:00	Walks G&B	14/19
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**Field**

Time	Event	Age
10:00-11:30	High Jump Boys	15/16
11:30-12:30	High Jump Boys	17/19
12:30-14:00	High Jump Girls	15/16
14:00-15:00	High Jump Girls	17/19

10:00-11:00	Shot Putt Boys (3k)	15
11:00-12:00	Shot Putt Boys (4K)	16
12:00-13:00	Shot Putt Boys (5K/6K)	17/19

14:00-16:00	Pole vault all ages	13-19
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15:15-16:00	Triple Jump G&B	16/19
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Day 3 Dublin Juvenile Indoor Championships 2023			
Closing Date for Entries - 3rd February		Sunday 12th February - NIA Abbotstown	
Track		Field	
Time	Event	Time	Event
10:00	U13 Girls 60m Hurdles	11:00	U12 Boys Shot Putt
	U13 Boys 60m Hurdles		U12 Girls High Jump
	U14 Girls 60m Hurdles		
	U14 Boys 60m Hurdles		
11:30	U9 Girls & Boys 60m		
12:00	U10 Girls 60m	12:00	U13 Boys Shot Putt
12:00	U10 Boys 60m		U13 Girls High Jump
12:30	U11 Girls 60m		
13:00	U11 Boys 60m		
	<b>Finals in same order</b>		
14:30	U12 Girls 60m	14:00	U14 Boys Shot Putt
15:00	U12 Boys 60m		U14 Girls High Jump
15:30	U13 Girls 60m	14:30	U14 Girls Shot Putt
16:00	U13 Boys 60m	15:30	U13 Girls Shot Putt
16:30	U14 Girls 60m	16:30	U12 Girls Shot Putt
17:00	U14 Boys 60m		
	<b>Finals in same order</b>		

Day 4 Dublin Juvenile Indoor Championships 2023			
Closing Date for Entries - 3rd February		Saturday 25th February - NIA Abbotstown	
Track		Field	
Time	Event	Time	Event
10:00	U12 Boys 600m Heats	10:30	U14 Boys High Jump
10:30	U12 Girls 600m Heats		U14 Girls Long Jump (2 pits)
11:00	U13 Boys 600m Heats		
12:00	U13 Girls 600m Heats	12:00	U12 Boys High Jump
12:30	U14 Boys 800m Heats		U12 Girls Long Jump (2 pits)
13:00	U14 Girls 800m Heats		
14:00	U9 Boys 300m (timed)	14:00	U13 Girls Long Jump (2 pits)
14:20	U9 Girls 300m (timed)		U13 Boys High Jump
14:40	U10 Boys (400m timed)		
15:40	U10 girls (400m timed)	15:00	U12 Boys Long Jump (Pit 1)
16:10	U11 Boys 500m (timed)		U14 Boys Long Jump (Pit 2)
16:40	U11 Girls 500m (timed)	16:30	U13 Boys Long Jump (pit 1)
17:10	600m & 800m FINALS		

**Dublin Juvenile Indoor Relay Championships Day 5 - 26th February 2023**

**Closing Date for Entries - 16th February**

EVENT	Access to warm up area	Assembly	Event time
Heat 1 U10 Girls Relay	09:25	09:45	10:00
Heat 2 U10 Girls Relay	09:25	09:45	10:05
Heat 3 U10 Girls Relay	09:25	09:45	10:10
Heat 4 U10 Girls Relay	09:25	09:45	10:15
Heat 1 U10 Boys Relay	09:45	10:05	10:20
Heat 2 U10 Boys Relay	09:45	10:05	10:25
Heat 3 U10 Boys Relay	09:45	10:05	10:30
Heat 1 U12 Girls Relay	10:05	10:25	10:35
Heat 2 U12 Girls Relay	10:05	10:25	10:40
Heat 3 U12 Girls Relay	10:05	10:25	10:45
Heat 4 U12 Girls Relay	10:05	10:25	10:50
Heat 5 U12 Girls Relay	10:05	10:25	10:55
Heat 1 U12 Boys Relay	10:25	10:45	11:00
Heat 2 U12 Boys Relay	10:25	10:45	11:05
Heat 3 U12 Boys Relay	10:25	10:45	11:10
Heat 4 U12 Boys Relay	10:25	10:45	11:15
Heat 1 U14 Girls Relay	10:45	11:05	11:20
Heat 2 U14 Girls Relay	10:45	11:05	11:25
Heat 3 U14 Girls Relay	10:45	11:05	11:30
Heat 4 U14 Girls Relay	10:45	11:05	11:35
Heat 5 U14 Girls Relay	10:45	11:05	11:40
Heat 1 U14 Boys Relay	11:05	11:30	11:45
Heat 2 U14 Boys Relay	11:05	11:30	11:50
Heat 3 U14 Boys Relay	11:05	11:30	11:55
Heat 1 U16 Girls Relay	11:25	11:45	12:00
Heat 2 U16 Girls Relay	11:25	11:45	12:05
Heat 1 U16 Boys Relay	11:40	12:00	12:10
Heat 2 U16 Boys Relay	11:40	12:00	12:15
Heat 1 U18 Girls Relay	11:50	12:10	12:20
Heat 2 U18 Girls Relay	11:50	12:10	12:25
<b>FINAL U18 Boys Relay</b>	11:50	12:20	12:30
<b>FINAL U10 Girls Relay</b>	12:00	12:25	12:35
<b>FINAL U10 Boys Relay</b>	12:00	12:30	12:40
<b>FINAL U12 Girls Relay</b>	12:00	12:35	12:45
<b>FINAL U12 Boys Relay</b>	12:00	12:40	12:50
<b>FINAL U14 Girls Relay</b>	12:25	12:45	12:55
<b>FINAL U14 Boys Relay</b>	12:25	12:50	13:00
<b>FINAL U16 Girls Relay</b>	12:25	12:55	13:05
<b>FINAL U16 Boys Relay</b>	12:25	13:00	13:10
<b>FINAL U18 Girls Relay</b>	12:25	13:05	13:15

**TRACK BREAK**

EVENT	Access to warm up area	Assembly	Event time
Heat 1 U11 Girls Relay	13:40	14:00	14:15
Heat 2 U11 Girls Relay	13:40	14:00	14:20
Heat 3 U11 Girls Relay	13:40	14:00	14:25
Heat 4 U11 Girls Relay	13:40	14:00	14:30
Heat 1 U11 Boys Relay	14:00	14:20	14:35
Heat 2 U11 Boys Relay	14:00	14:20	14:40
Heat 3 U11 Boys Relay	14:00	14:20	14:45
Heat 1 U13 Girls Relay	14:20	14:35	14:50
Heat 2 U13 Girls Relay	14:20	14:35	14:55
Heat 3 U13 Girls Relay	14:20	14:35	15:00
Heat 4 U13 Girls Relay	14:20	14:35	15:05
Heat 5 U13 Girls Relay	14:20	14:35	15:10
Heat 1 U13 Boys Relay	14:35	15:00	15:15
Heat 2 U13 Boys Relay	14:35	15:00	15:20
Heat 3 U13 Boys Relay	14:35	15:00	15:25
Heat 4 U13 Boys Relay	14:35	15:00	15:30
Heat 1 U15 Girls Relay	14:55	15:20	15:35
Heat 2 U15 Girls Relay	14:55	15:20	15:40
Heat 3 U15 Girls Relay	14:55	15:20	15:45
Heat 4 U15 Girls Relay	14:55	15:20	15:50
Heat 5 U15 Girls Relay	14:55	15:20	15:55
Heat 1 U15 Boys Relay	15:20	15:45	16:00
Heat 2 U15 Boys Relay	15:20	15:45	16:05
Heat 1 U17 Girls Relay	15:30	15:55	16:10
Heat 2 U17 Girls Relay	15:30	15:55	16:15
Heat 3 U17 Girls Relay	15:30	15:55	16:20
Heat 1 U17 Boys Relay	15:45	16:15	16:25
Heat 2 U17 Boys Relay	15:45	16:15	16:30
Heat 1 U19 Girls Relay	16:00	16:25	16:35
Heat 2 U19 Girls Relay	16:00	16:25	16:40
Heat 1 U19 Boys Relay	16:00	16:35	16:45
Heat 2 U19 Boys Relay	16:00	16:35	16:50
<b>FINAL U11 Girls Relay</b>	16:20	16:45	16:55
<b>FINAL U11 Boys Relay</b>	16:20	16:50	17:00
<b>FINAL U13 Girls Relay</b>	16:35	16:55	17:05
<b>FINAL U13 Boys Relay</b>	16:35	17:00	17:10
<b>FINAL U15 Girl Relay</b>	16:40	17:05	17:15
<b>FINAL U15 Boys Relay</b>	16:40	17:10	17:20
<b>FINAL U17 Girls Relay</b>	16:40	17:15	17:25
<b>FINAL U17 Boys Relay</b>	16:40	17:20	17:30
<b>FINAL U19 Girl Relay</b>	16:50	17:25	17:35
<b>FINAL U19 Boys Relay</b>	16:50	17:30	17:40