

Day Dublin Juvenile Indoor Relay Championships 2023
Warm up area access & assembly/call room Timetable

Event	Access to warm up area	Assembly /Call room	Heat time
U10 Girls 4X200m Heat 1	09:10	09:40	10:00
U10 Girls 4X200m Heat 2	09:10	09:45	10:05
U10 Girls 4X200m Heat 3	09:10	09:50	10:10
U10 Girls 4X200m Heat 4	09:10	09:55	10:15
U10 Girls 4X200m Heat 5	09:10	10:00	10:20
U10 Boys 4X200m Heat 1	09:40	10:05	10:25
U10 Boys 4X200m Heat 2	09:40	10:10	10:30
U10 Boys 4X200m Heat 3	09:40	10:15	10:35
U10 Boys 4X200m Heat 4	09:40	10:20	10:40
U10 Boys 4X200m Heat 5	09:40	10:25	10:45
U12 Girls 4X200m Heat 1	10:05	10:30	10:50
U12 Girls 4X200m Heat 2	10:05	10:35	10:55
U12 Girls 4X200m Heat 3	10:05	10:40	11:00
U12 Girls 4X200m Heat 4	10:05	10:45	11:05
U12 Girls 4X200m Heat 5	10:05	10:50	11:10
U12 Girls 4X200m Heat 6	10:05	10:55	11:15
U12 Boys 4X200m Heat 1	10:30	11:00	11:20
U12 Boys 4X200m Heat 2	10:30	11:05	11:25
U12 Boys 4X200m Heat 3	10:30	11:10	11:30
U12 Boys 4X200m Heat 4	10:30	11:15	11:35
U12 Boys 4X200m Heat 5	10:30	11:20	11:40
U14 Girls 4X200m Heat 1	11:00	11:25	11:45
U14 Girls 4X200m Heat 2	11:00	11:30	11:50
U14 Girls 4X200m Heat 3	11:00	11:35	11:55
U14 Girls 4X200m Heat 4	11:00	11:40	12:00
U14 Girls 4X200m Heat 5	11:00	11:45	12:05
U14 Girls 4X200m Heat 6	11:00	11:50	12:10
U14 Boys 4X200m Heat 1	11:25	11:55	12:15
U14 Boys 4X200m Heat 2	11:25	12:00	12:20
U14 Boys 4X200m Heat 3	11:25	12:05	12:25
U14 Boys 4X200m Heat 4	11:25	12:10	12:30
U16 Girls 4X200m Heat 1	11:55	12:20	12:35
U16 Girls 4X200m Heat 2	11:55	12:25	12:40
U16 Girls 4X200m Heat 3	11:55	12:30	12:45
U16 Girls 4X200m Heat 4	11:55	12:35	12:50
U16 Boys 4X200m Heat 1	12:20	12:40	12:55
U16 Boys 4X200m Heat 2	12:20	12:45	13:00
U18 Girls 4X200m Heat 1	12:30	12:50	13:05
U18 Girls 4X200m Heat 2	12:30	12:55	13:10
U18 Boys 4X200m FINAL	12:30	13:05	13:15
U10 Girls 4X200m FINAL	12:40	13:10	13:20
U10 Boys 4X200m FINAL	12:40	13:15	13:25
U12 Girls 4X200m FINAL	12:50	13:20	13:30

U12 Boys 4X200m FINAL	12:50	13:25	13:35
U14 Girls 4X200m FINAL	13:00	13:30	13:40
U14 Boys 4X200m FINAL	13:00	13:35	13:45
LUNCH BREAK			
U16 Girls 4X200m FINAL	13:30	14:05	14:15
U16 Boys 4X200m FINAL	13:30	14:10	14:20
U18 Girls 4X200m FINAL	13:30	14:15	14:25
U11 Girls 4X200m Heat 1	13:55	14:15	14:30
U11 Girls 4X200m Heat 2	13:55	14:20	14:35
U11 Girls 4X200m Heat 3	13:55	14:25	14:40
U11 Girls 4X200m Heat 4	13:55	14:30	14:45
U11 Girls 4X200m Heat 5	13:55	14:35	14:50
U11 Girls 4X200m Heat 6	13:55	14:40	14:55
U11 Boys 4X200m Heat 1	14:15	14:45	15:00
U11 Boys 4X200m Heat 2	14:15	14:50	15:05
U11 Boys 4X200m Heat 3	14:15	14:55	15:10
U11 Boys 4X200m Heat 4	14:15	15:00	15:15
U11 Boys 4X200m Heat 5	14:15	15:05	15:20
U13 Girls 4X200m Heat 1	14:40	15:10	15:25
U13 Girls 4X200m Heat 2	14:40	15:15	15:30
U13 Girls 4X200m Heat 3	14:40	15:20	15:35
U13 Girls 4X200m Heat 4	14:40	15:25	15:40
U13 Girls 4X200m Heat 5	14:40	15:30	15:45
U13 Girls 4X200m Heat 6	14:40	15:35	15:50
U13 Girls 4X200m Heat 7	14:40	15:40	15:55
U13 Boys 4X200m Heat 1	15:10	15:45	16:00
U13 Boys 4X200m Heat 2	15:10	15:50	16:05
U13 Boys 4X200m Heat 3	15:10	15:55	16:10
U13 Boys 4X200m Heat 4	15:10	16:00	16:15
U13 Boys 4X200m Heat 5	15:10	16:05	16:20
U15 Girls 4X200m Heat 1	15:45	16:10	16:25
U15 Girls 4X200m Heat 2	15:45	16:15	16:30
U15 Girls 4X200m Heat 3	15:45	16:20	16:35
U15 Girls 4X200m Heat 4	15:45	16:25	16:40
U15 Girls 4X200m Heat 5	15:45	16:30	16:45
U15 Girls 4X200m Heat 6	15:45	16:35	16:50
U15 Boys 4X200m Heat 1	16:05	16:40	16:55
U15 Boys 4X200m Heat 2	16:05	16:45	17:00
U15 Boys 4X200m Heat 3	16:05	16:50	17:05
U17 Girls 4X200m Heat 1	16:15	16:55	17:10
U17 Girls 4X200m Heat 2	16:15	17:00	17:15
U17 Girls 4X200m Heat 3	16:15	17:05	17:20
U17 Boys 4X200m Heat 1	16:30	17:10	17:25
U17 Boys 4X200m Heat 2	16:30	17:15	17:30
U19 Girls 4X200m FINAL	16:30	17:20	17:35
U19 Boys 4X200m FINAL	16:30	17:25	17:40

U11 Girls 4X200m FINAL	16:45	17:30	17:45
U11 Boys 4X200m FINAL	16:45	17:35	17:50
U13 Girls 4X200m FINAL	16:45	17:40	17:55
U13 Boys 4X200m FINAL	16:45	17:45	18:00
U15 Girls 4X200m FINAL	17:00	17:50	18:05
U15 Boys 4X200m FINAL	17:00	17:55	18:10
U17 Girls 4X200m FINAL	17:00	18:00	18:15
U17 Boys 4X200m FINAL	17:00	18:05	18:20