

Day 4 Dublin Juvenile Indoor Championships 2023

Morning Session

Warm up area access & assembly/call room Timetable

Event	Access to warm up area	Assembly /Call room	Heat time
U12 boys 600m Heat 1	09:10	09:40	10:00
U12 Boys 600m Heat 2	09:10	09:40	10:05
U12 boys 600m Heat 3	09:10	09:40	10:10
U12 Boys 600m Heat 4	09:10	09:40	10:15
U12 boys 600m Heat 5	09:10	09:40	10:20
U12 Boys 600m Heat 6	09:10	09:40	10:25
U12 boys 600m Heat 7	09:10	09:40	10:30
U12 Boys 600m Heat 8	09:10	09:40	10:35
U12 Girls 600m Heat 1	09:50	10:20	10:40
U12 Girls 600m Heat 2	09:50	10:20	10:45
U12 Girls 600m Heat 3	09:50	10:20	10:50
U12 Girls 600m Heat 4	09:50	10:20	10:55
U12 Girls 600m Heat 5	09:50	10:20	11:00
U12 Girls 600m Heat 6	09:50	10:20	11:05
U12 Girls 600m Heat 7	09:50	10:20	11:10
U13 boys 600m Heat 1	10:20	10:55	11:15
U13 Boys 600m Heat 2	10:20	10:55	11:20
U13 boys 600m Heat 3	10:20	10:55	11:25
U13 Boys 600m Heat 4	10:20	10:55	11:30
U13 boys 600m Heat 5	10:20	10:55	11:35
U13 Girls 600m Heat 1	10:55	11:25	11:40
U13 Girls 600m Heat 2	10:55	11:25	11:45
U13 Girls 600m Heat 3	10:55	11:25	11:50
U13 Girls 600m Heat 4	10:55	11:25	11:55
U13 Girls 600m Heat 5	10:55	11:25	12:00
U13 Girls 600m Heat 6	10:55	11:25	12:05
U13 Girls 600m Heat 7	10:55	11:25	12:10
U13 Girls 600m Heat 8	10:55	11:25	12:15
U14 Boys 800m Heat 1	11:25	12:00	12:20
U14 Boys 800m Heat 2	11:25	12:00	12:25
U14 Boys 800m Heat 3	11:25	12:00	12:30
U14 Boys 800m Heat 4	11:25	12:00	12:35
U14 Boys 800m Heat 5	11:25	12:00	12:40
U14 Girls 800m Heat 1	12:00	12:25	12:45
U14 Girls 800m Heat 2	12:00	12:25	12:50
U14 Girls 800m Heat 3	12:00	12:25	12:55
U14 Girls 800m Heat 4	12:00	12:25	13:00
U14 Girls 800m Heat 5	12:00	12:25	13:05
U14 Girls 800m Heat 6	12:00	12:25	13:10
U14 Girls 800m Heat 7	12:00	12:25	13:15
BREAK	BREAK	BREAK	BREAK

Day 4 Dublin Juvenile Indoor Championships 2023
Afternoon Session
Warm up area access & assembly/call room Timetable

Event	Access to warm up area	Assembly /Call room	Heat time
U12 Boys 600m Final	13:15	13:50	14:00
U12 Girls 600m Final	13:15	13:50	14:04
U13 Boys 600m Final	13:15	13:56	14:08
U13 Girls 600m Final	13:15	13:56	14:12
U9 Boys 300m Heat 1	13:15	14:00	14:20
U9 Boys 300m Heat 2	13:15	14:00	14:24
U9 Boys 300m Heat 3	13:15	14:00	14:28
U9 Boys 300m Heat 4	13:15	14:00	14:32
U9 Boys 300m Heat 5	13:15	14:00	14:36
U9 Girls 300m Heat 1	14:00	14:25	14:40
U9 Girls 300m Heat 2	14:00	14:25	14:44
U9 Girls 300m Heat 3	14:00	14:25	14:48
U9 Girls 300m Heat 4	14:00	14:25	14:52
U11 Boys 500m Heat 1	14:15	14:36	14:56
U11 Boys 500m Heat 2	14:15	14:36	15:00
U11 Boys 500m Heat 3	14:15	14:36	15:04
U11 Boys 500m Heat 4	14:15	14:36	15:08
U11 Boys 500m Heat 5	14:15	14:36	15:12
U11 Boys 500m Heat 6	14:15	14:36	15:16
U11 Girls 500m Heat 1	14:36	15:00	15:20
U11 Girls 500m Heat 2	14:36	15:00	15:24
U11 Girls 500m Heat 3	14:36	15:00	15:28
U11 Girls 500m Heat 4	14:36	15:00	15:32
U11 Girls 500m Heat 5	14:36	15:00	15:36
U11 Girls 500m Heat 6	14:36	15:00	15:40
U11 Girls 500m Heat 7	14:36	15:00	15:44
U14 Boys 800m Final	15:00	15:38	15:48
U14 Girls 800m Final	15:00	15:38	15:52
U10 Boys 400m Heat 1	15:15	15:40	15:56
U10 Boys 400m Heat 2	15:15	15:40	16:00
U10 Boys 400m Heat 3	15:15	15:40	16:04
U10 Boys 400m Heat 4	15:15	15:40	16:08
U10 Boys 400m Heat 5	15:15	15:40	16:12
U10 Girls 400m Heat 1	15:25	15:55	16:16
U10 Girls 400m Heat 2	15:25	15:55	16:20
U10 Girls 400m Heat 3	15:25	15:55	16:24
U10 Girls 400m Heat 4	15:25	15:55	16:28
U10 Girls 400m Heat 5	15:25	15:55	16:32
U10 Girls 400m Heat 6	15:25	15:55	16:36