



Dublin Athletics Juvenile Uneven age Championships

Today we had a fantastic day of Cross country running. A little bit of mud, a little bit of dry, nasty little hills, but a real old style course.

Many thanks to Tallaght AC and Cecil's team of volunteers who worked so hard to make it happen.

More than 650 athletes, from 20 clubs enjoyed the Autumn sunshine with the support of their clubs and parents.

The results are posted below. Well done to those who took home medals. We saw excellent performances today, with front running and tactical pack bunching.

Let's not forget all who didn't medal today, their time will come, and more than anything else, it is the taking part that counts.

The encouragement that happens on days like today, will long be remembered.



