

Dublin Graded Meeting
4th August 2010
Morton Stadium
Men's 200 m

Place	Name	Club	Time
1	David Hynes	Menapians A.C.	22.24
2	Owen Muldowney	Castlecomer A.C.	22.76
3	Ciaran Kelly	Raheny Shamrock A.C.	22.77
4	Jamie Davis	Raheny Shamrock A.C.	22.9
5	David Tobin	Trim A.C.	23.39
6	Eddie Healy	Tallaght A.C.	23.49
7	Adrian Jackman	Menapians A.C.	23.52
8	Sean Morris	Tallaght A.C.	23.7
9	Kourosh Foroughi	Star of the Sea A.C.	23.79
10	Shane Gore	Fingallians A.C.	23.81
11	khaled Al-Shehhi	AI	23.84
12	Colm Keogh	Ratoath A.C.	24.25
13	Sean Bolger	Tallaght A.C.	24.34
14	Cian Ward	Sli Cualann A.C.	24.65
15	David Harper	Sligo A.C.	24.74
16	Thomas Meehan	Star of the Sea A.C.	25.09
17	Ross O'Loughlin	Menapians A.C.	25.15
18	padraig O'Driscoll	D.M.P. A.C.	25.71
19	Derek Kennedy	Tallaght A.C.	25.88
20	Ahbdui hen Issa		26.07
21	Mick Fleming	Tullamore Harriers A.C.	26.54
22	Michael Cornyn	Dunboyne A.C.	28.46
23	Ciaran Mackey	Clonliffe Harriers A.C.	29.17

Men's 800 m

Place	Name	Club	Time
1	Gavin O'Sullivan	Raheny Shamrock A.C.	1.53.52
2	Tommy Carroll	North Sligo A.C.	1.54.05
3	Andrew Connick	Ferrybank A.C.	1.54.60
4	Kevin Moriarty	Raheny Shamrock A.C.	1.54.80
5	Patrick Mc Cartan	West Limerick A.C.	1.55.75
1	Eoin Healy	Dundrum South Dublin A.C.	1.56.14
2	Jake Mc Donnell	Raheny Shamrock A.C.	1.56.63
3	Brett Paine	Clonliffe Harriers A.C.	1.56.63
4	Keith Fallon	Galway City Harriers A.C.	1.56.95
6	Richard Corcoran	Raheny Shamrock A.C.	1.57.77
5	Joe O'Donnell	Galway City Harriers A.C.	1.58.48
7	Tomas Fitzpatrick	Tallaght A.C.	1.58.54
6	Aaron Hanlon	Dunleer A.C.	2.00.87
8	Carl O'Sullivan	Raheny Shamrock A.C.	2.01.27
1	Fionan O'Reilly	Annalee A.C.	2.01.71
7	Ian Conroy	Raheny Shamrock A.C.	2.01.88
2	Eddie Costello	Galway City Harriers A.C.	2.02.11
3	Cian O'Reilly	Annalee A.C.	2.02.53
1	Ievgenisjs Nemiro	Donore Harriers A.C.	2.02.55
2	F Horgan	Clonmel A.C.	2.03.64
4	Danny Fagan	Armagh A.C.	2.04.96
3	Michael Fox	Armagh A.C.	2.05.26
5	Shane Walsh	Dunleer A.C.	2.05.65
6	Colin Maher	North Laois A.C.	2.05.67
7	Cormac Mc Donnell	Galway City Harriers A.C.	2.06.26
4	David Harper	Sligo A.C.	2.07.18
5	Liam Cooney	Drogheda & District A.C.	2.08.64
8	Stuart Mc Cleane	Rathfarnham W.S.A.F. A.C.	2.08.89
6	John Hayes	Raheny Shamrock A.C.	2.09.03
1	Aodhagan O'Reilly	Annalee A.C.	2.09.77
9	Colm Groome	Clonliffe Harriers A.C.	2.09.78
7	J Vernoe	Armagh A.C.	2.10.09
8	Shane Kilcawley	Sligo A.C.	2.10.59
2	Robert Glynn	Galway City Harriers A.C.	2.10.96
3	Niall Kierans	Drogheda & District A.C.	2.11.14
8	Samual Miller	Ballymena & Antrim A.C.	2.11.75
4	Tony Collins	Sli Cualann A.C.	2.11.96
5	Danny Skeffington	Drogheda & District A.C.	2.12.48
6	Richard Donelan	Dundrum South Dublin A.C.	2.12.80
9	Jamie Davis	Raheny Shamrock A.C.	2.12.96
10	Asham Patil	Sligo A.C.	2.13.45
7	Thomas Maguire	Fingallians A.C.	2.14.47
1	Emile Mullan	Crusaders A.C.	2.15.32
2	David Grange	Raheny Shamrock A.C.	2.15.46
8	Sean Fitzpatrick	Tallaght A.C.	2.15.57
9	James Kelly	Fr. Murphys A.C.	2.15.95
3	Brian Lynch	North East Runners A.C.	2.16.09
4	Javier Silvan	Liffey Valley A.C.	2.16.35
10	Gavin Foye	Sligo A.C.	2.17.79
5	Daire Carroll	Metro/St. Brigid's A.C.	2.18.55
11	Gerard Claffey	Rathfarnham W.S.A.F. A.C.	2.18.90
6	Colin Mc Hugh	Boyne A.C.	2.19.54
12	Roman Doyle	Clonliffe Harriers A.C.	2.20.68
7	John Hogan	Rathfarnham W.S.A.F. A.C.	2.22.32
8	Dominic Horan	Sli Cualann A.C.	2.22.52
9	Jonathon Mc Cabe	Drogheda & District A.C.	2.23.30
10	Michael Cornyn	Donore Harriers A.C.	2.26.63
11	John Mc Hugh	Rathfarnham W.S.A.F. A.C.	2.27.73
12	George Maybury	Clonliffe Harriers A.C.	2.29.37

Men's 3000 m

Place	Name	Club	Time
1	John Travers	Donore Harriers A.C.	08.19.39
2	John Coghlan	Metro/St. Brigid's A.C.	08.40.07
3	Robert Corbally	Dundrum South Dublin A.C.	08.43.96
4	Stephen Kerr	Armagh A.C.	08.45.08
5	Simon Ryan	Raheny Shamrock A.C.	09.07.28
6	Jayne Rossiter	Clonliffe Harriers A.C.	09.14.19
1	Ian Ingram	Rathfarnham W.S.A.F. A.C.	09.24.42
7	Cormac Fitzpatrick	North Laois A.C.	09.32.76
2	Sean Healy	Donore Harriers A.C.	09.40.36
3	Seamus Gilhooley	Athenry A.C.	09.41.31
4	Michael Finnan	Parnell A.C.	09.47.56
5	Ernie Ramsey	Clonliffe Harriers A.C.	09.51.02
6	Jason Reid	Rathfarnham W.S.A.F. A.C.	09.52.22
7	John Cullen	Liffey Valley A.C.	10.11.52
8	Samual Allen	St. L. O'Toole A.C.	10.14.64
9	Tadgh Twomey	Raheny Shamrock A.C.	10.34.93
10	Tom Conroy	Ballyfin A.C	10.38.08
11	Charlie Hogan	Crusaders A.C.	10.42.82
12	Dale Sheehan	Crusaders A.C.	10.43.39
13	John Mc Hugh	Rathfarnham W.S.A.F. A.C.	10.53.72

Men's Triple Jump

Place	Name	Club	Dist(m)
1	khaled Al-Shehhi	Al	13.04
2	Michael Davis	Raheny Shamrock A.C.	11
3	Padraig O'Driscoll	D.M.P. A.C.	10.02

Men's Pole Vault

Place	Name	Club	Hgt(m)
1	David Donegan	Clonliffe Harriers A.C.	4.8
2	Anthony Mc Creary	Clonliffe Harriers A.C.	4.4
2	Thomas Houlihan	West Waterford A.C.	4.4
2	Stuart Greene	Raheny Shamrock A.C.	4.4
5	Patrick Curran	Tallaght A.C.	2.8

Men's Shot Putt

Place	Name	Club	Dist(m)
1	Tomas Rautkis	Clonliffe Harriers A.C.	14.79
2	Kourosh Foroughi	Star of the Sea A.C.	9.54
3	Tom Mc Grane	St. Peter's A.C.	9.21

Men's Discus

Place	Name	Club	Dist(m)
1	Tomas Rautkis	Clonliffe Harriers A.C.	51.2
2	Jeremy Harper	North Down	44.6
3	Daragh Hanlon	Tullamore Harriers A.C.	43.96
4	Gareth Irvine	North Down	41.2

Men's Javlin

Place	Name	Club	Dist(m)
1	Kaurosh Foroughi	Star of the Sea	44.34 40.95 42.10 42.89 x 46.35
2	Dara Ryan	Newport AC	39.49 39.65 x x 38.79 34.35
3	James Buckley	Raheny Sham.	36.84 x x 31.19 32.01 31.14
4	Padraig O'Driscoil	DMP AC	24.07 x 24.9 21.56 x 29.28

Women's 200 m

Place	Name	Club	Time
1	Brona Furlong	Slaney Olympic A.C.	25.19
2	Louise Holmes	Kilkenny City Harriers A.C.	25.23
3	Antoinette Stafford	D.M.P. A.C.	25.67
1	Ania Bednorz	Sligo A.C.	28.08
4	Sophie Kennedy	Navan A.C.	28.58
2	Moira Peppard	Trim A.C.	30.25
3	Celine Mc Phillips	Unattached	32.34
4	Jean O'Neill	Clonliffe Harriers A.C.	36.53

Women's 800 m

Place	Name	Club	Time
1	Sinead Denny	Dundrum South Dublin A.C.	2.14.6H
2	Eleanor Alaexander	Clonliffe Harriers A.C.	2.15.3H
1	Aisling Mc Gee	Sli Cualann A.C.	2.24.8H
3	Julianne Harrington	Galway City Harriers A.C.	2.28.1H
2	Susan Mc Manus	Celtic A.C.	2.29.3H
3	Ann Doyle	Gowran A.C.	2.36.4H
4	Aisling Fegan	Armagh A.C.	2.42.6H

Women's 3000 m

Place	Name	Club	Time
1	Becky Woods	Clonliffe Harriers A.C.	10.02.19
2	Louise Reilly	Clonliffe Harriers A.C.	10.28.15
3	Fiona Clinton	Dundrum South Dublin A.C.	10.31.45
4	Sheila Coyle	Raheny Shamrock A.C.	10.37.65
5	Sharon Monaghan	Fr. Murphy A.C.	10.49.72
6	Una Britton	Sli Cualann A.C.	11.19.90

Women's Triple Jump

Place	Name	Club	Dist(m)
1	Ania Bedner	Sligo A.C.	10.4

Women's Shot Putt

Place	Name	Club	Dist(m)
1	Ailish Dunne	Paralympics	6.54

Women's Discus

Place	Name	Club	Dist(m)
1	Ailish Dunne	Paralympics	15.97