



Dublin County Athletic Board

Track and Field Graded Programme 2020

Date	Stadium	Events
April 29	Morton Stadium	100m, 800m, 3000m, high jump, pole vault, hammer
May 13	Tallaght Stadium	200m, 1500m, 5000m, long jump, shot, hammer
May 27	Irishtown Stadium	400m, 800m, triple jump, discus, javelin 10,000m (Dublin champs at 20.20)
June 10	Morton Stadium Dublin Champs.	100m, 400m, 1500m, high jump, pole vault, hammer, shot
June 24	Tallaght Stadium	100m, 800m, 5000m, triple jump, discus, javelin
July 8	Irishtown Stadium Dublin Champs.	200m, 800m, 3000m, long jump, javelin
July 22	Morton Stadium	200m, 1500m, high jump, pole vault, discus, shot
August 5	Tallaght Stadium	400m, Mile, 3000m, long jump, hammer, shot



7.00pm start for all races. Electronic race timing. Enter online (masters, seniors) for €10 per event (students, juveniles, juniors €5 per event) with payment accepted on the evening. Must be 16 or over in 2020 to compete. Entries close at 1pm on day of competition with a late entry fee of €15 (students, juveniles, junior - late event fee of €10). Each race starts with Grade A Women. Club colours must be worn and clubs must provide volunteers. Participants must abide by competition rules, terms and conditions. For more details, online entries and event updates, check out www.dublinathletics.com