

Dublin Intermediate Cross Country Championships

Sunday 4th December 2016.

Tymon Park

(Hosted by Rathfarnham WSAF)

Race HQ Templeogue United Football Club

Intermediate Women 5,000m 2.00pm

Any number to run – 4 to score

Intermediate Men 8,000m 2.20pm

Any number to run - 4 to score

Entry Fees: Teams €30.00, Individuals €5.00

Entries to:

Bernie Dunne,

14 Marley Grove, Rathfarnham, Dublin 16.

Email: berniedunne21@gmail.com.

Phone 087 – 9830567 or 01 5584190

Closing Date 1st December 2016

(Numbers can be collected at the Start and Finish Area)