

Meet	5	8,8,12,12,15,8,8,8,8						150
	Women							
Event	200m							
Grade	A Champ							
Race	1	WIND	-0.8					
Lane	Bib	Last Name	First Name	Club	SB	Rank	Time H	Time E
4	611	McCarthy	Sarah	Mid Sutton AC		1		24.27
2	558	McManus	Catherine	DCH		2		24.47
3	582	King	Nicole	Galway City Harriers		3		25.31
6	650	Bechtina	Snezana	Clonliffe Harriers AC		4		25.71
5	644	Lawler	Grace	St. Laurence O Tooles		5		26.43
1								
7								
8								
Meet	5	8,8,12,12,15,8,8,8,8						150
	Women							
Event	200m							
Grade	B							
Race	1	WIND	-0.7					
Lane	Bib	Last Name	First Name	Club	SB	Rank	Time H	Time E
5	601	Lynam	Caoimhe	CELTIC DCH		1		26.93
7	633	Lahiff	Sarah	Tallaght AC		2		27.57
2	560	Ryan	Fiona	Raheny Shamrocks		3		28.45
6	623	Markey	Katherine	Fingalli		4		29.48
1	552	Beauchamp	Claire	Raheny Shamrocks		5		29.93
3	566	Coade	Roisin	Drogheda & District		6		29.95
4	592	jones	maxine	dundrum south dublin ac		7		35.17
8								

Meet	5	8,8,12,12,15,8,8,8						150
	Men							
	Event	200m						
	Grade	A Champ						
Race	1	WIND		-1.1				
Lane	Bib	Last Name	First Name	Club	SB	Rank	Time H	Time E
2	581	Meagher	Robert	Galway City Harriers		1		23.12
3	614	Kilgannon	Peter	Ratoath AC		2		23.5
4	626	Burke Power	Finn	CELTIC DCH		3		23.59
1								
5								
6								
7								
8								
Meet	5	8,8,12,12,15,8,8,8						150
	Men							
	Event	200m						
	Grade	B						
Race	1	WIND		0.1				
Lane	Bib	Last Name	First Name	Club	SB	Rank	Time H	Time E
3	624	Heavey	David	Crusaders		1		23.34
4	636	Hanrahan	mark	Brothers Pearce A.C.		2		23.99
2	595	Kelly	Andrew	Drogheda and District AC		3		24.75
1								
5								
6								
7								
8								

Meet	5	8,8,12,12,15,8,8,8						150
	Women							
Event	800m							
Grade	B							
Race	1							
Lane	Bib	Last Name	First Name	Club	SB	Rank	Time H	Time E
1	621	O'Connor	Vanessa	MSB		1		2.22.26
2	637	Ní Bhroin	Aoife	DCH		2		2.23.24
3	203	King	Anna	Crusdaers		3		2.25.56
4	613	Murphy	cliona	DCH		4		2.25.84
5	632	Moorhouse	Aislinn	CELTIC DCH		5		2.26.85
6	576	Healy	Lorraine	Moyne AC		6		2.28.28
7	548	Conroy	Katy	Sli Cualann		7		2.30.08
8	630	Gittens	Aileen	Liffey Valley AC		8		2.31.37
9	529	quigley	Aoife	Crusaders AC		9		2.33.06
10	530	Mulleady	Catherine	Sportsworld		10		2.36.69
11	583	Nic an Bhaird	Eimear	Liffey Valley AC		11		2.38.29
12	600	Browne	Hannah	Clonliffe Harriers		12		2.40.00
13	528	Clements	Geraldine	Crusaders AC		13		2.46.77
14								
15								
16								

Meet	5	8,8,12,12,15,8,8,8						150
	Men							
Event	800m							
Grade	A Champ							
Race	1							
Lane	Bib	Last Name	First Name	Club	SB	Rank	Time H	Time E
1	207	Duncan	Conor	Ratoath AC		1		1.56.16
2	539	conway	mark	DSD		2		1.58.20
3	577	Stubbs	Joshua	Clonliffe Harriers AC		3		1.58.77
4	631	cauvel	damien	(blank)		4		1.59.62
5	551	Kennedy	Robert	Templemore		5		2.00.55
6	565	McGrath	Kieran	Drogheda and District		6		2.00.56
7	578	Cullen	Jamie	Greystones AC		7		2.02.45
8								
9								
10								
11								
12								

Meet	5	8,8,12,12,15,8,8,8						150
	Men							
Event	800m							
Grade	B							
Race	1							
Lane	Bib	Last Name	First Name	Club	SB	Rank	Time H	Time E
1	564	Tuck	Conor	Skerries athletic club		1		2.05.07
2	651	Norman	Niall	Clonliffe Harriers		2		2.06.52
3	649	Fleming	Paul	Rathfarnham WSAF		3		2.08.13
4	605	McKenna	Naoise	Ratoath AC		4		2.08.72
5	616	Murran	Gareth	Sportsworld		5		2.08.74
6	643	Boland	Luke	Donore Harriers		6		2.09.40
7								
8								
9								
10								
11								
12								

Meet	5	8,8,12,12,15,8,8,8						150
	Men							
Event	800m							
Grade	C + D							
Race	1							
Lane	Bib	Last Name	First Name	Club	SB	Rank	Time H	Time E
1	557	Archbold	Ken	St Laurence o Toolles		1		2.06.35
2	622	O'Connor	mark	MSB		2		2.08.31
3	545	Glynn	michael	Raheny Shamrock AC		3		2.08.64
4	568	Iremonger	Donal	Donore Harriers		4		2.08.86
5	629	Le Page	Gaëtan	Liffey Valley AC		5		2.14.38
6	588	malone	patrick	newbridgep		6		2.15.10
7	570	Carroll	Dave	MSB AC		7		2.16.00
8	520	Dowling	Kevin	Clonliffe Harriers		8		2.17.69
9	547	Dorgan	Martin	Liffey Valley		9		2.20.09
10	206	Doran	David	Tallaght		10		2.29.33
11								
12								

Meet	5	8,8,12,12,15,8,8,8						150
	Men							
Event	3000m							
Grade	A Champ							
Race	1							
Lane	Bib	Last Name	First Name	Club	SB	Rank	Time H	Time E
1	523	Kirwan	Brian	Slot		1		9.00.26
2	542	Daly	Johnny	Mullingar		2		9.01.63
3	573	Dunne	John	Donore Harriers		3		9.02.34
4	638	Durcan	John	Togher AC		4		9.03.00
5	209	McMahon	Michael	Donore Harriers		5		9.03.15
6	526	McAssey	James	St Laurence O'Toole		6		9.20.92
7	561	Molloy	mark	DSD AC		7		9.21.68
8	608	Wall	Jamie	Slot		8		9.25.38
9	574	Benjacar	Arnaud	Liffey Valley AC		9		9.26.52
10	603	Morgan	Chris	Liffey Valley AC		10		9.26.53
11	550	Kelly	michael	Slot		11		9.33.08
12	589	Lacey	Dan	Clonliffe		12		9.35.22
13	597	Browne	Aaron	Rathfarnham A.C. WSAF		13		9.38.63
14	643	Boland	Luke	Donore Harriers		14		9.45.31
15	642	Balfe	Paul	Liffey Valley AC		15		9.46.44
16	646	mckeever	justin	Sportsworld		16		10.14.30
17								
18								

Meet	5	8,8,12,12,15,8,8,8						150
	Men							
Event	3000m							
Grade	C							
Race	1							
Lane	Bib	Last Name	First Name	Club	SB	Rank	Time H	Time E
1	625	O'Donnell	stephen	Sportsworld		1		9.39.97
2	616	Murran	Gareth	Sportsworld		2		9.40.52
3	205	Byrne	Jordan	Clonliffe		3		9.53.36
4	533	O Connor	stephen	skerries athletics club		4		9.57.31
5	527	Downey	Keith	Skerries AC		5		9.57.77
6	572	finnan	michael	sli culainn		6		10.04.08
7	534	Skelton	Neil	Rathfarnham WSAF AC		7		10.20.15
8	571	Mc Grath	Edward	Liffey Valley AC		8		10.30.52
9	535	Ó Súilleabháin	Diarmuid	Sportsworld Running Club		9		10.39.08
10	546	Tobin	Noel	Sportsworld		10		11.28.96
11	641	Monks	Tom	Clonliffe Harriers AC		11		11.46.76
12								
13								
14								

Meet	5	8,8,12,12,15,8X10				
Event	Women Discus					
Bib	Last Name	First Name	Club	Hght/Dst	Best	Rank
645	Owens	Emma	St Pauls		36	1
596	Ní Mhurchadha	Eithne	Civil Service Harriers A.C		17.3	2

Meet	5	8,8,12,12,15,8X10				
Event	Men Discus					
Bib	Last Name	First Name	Club	Hght/Dst	Best	Rank
544	Sheridan	Eoin	north westmeath a.c.		48	1
590	Flynn	Brian	Lusk		26.3	2
606	Raitt	Adam	Brothers Pearse AC		21.3	3

Meet	5		8,8,12,12,15,8X10			
Event	Women Javelin					
Bib	Last Name	First Name	Club	Hght/Dst	Best	Rank
543	Casey	Grace	Eire Og Corra Choill AC		45.5	1
524	Briggs	Rachael	Lucan harriers		28.4	2
587	Mullarney	Isabel	Rathfarnham A C		26.9	3
620	Reihill	Saoirse	Tallaght		20.8	4
596	Ní Mhurchadha	Eithne	Civil Service Harriers A.C		14.1	5
Meet	5		8,8,12,12,15,8X10			
Event	Men Javelin					
Bib	Last Name	First Name	Club	Hght/Dst	Best	Rank
584	Jordan	michael	Naas		47.1	1
607	Freeman	mark	Newbridge Athletic Club		38.3	2
634	Shine	Tiernan	Naas		35.4	3
618	O Dwyer	Pat	Lucan Harriers AC		33.9	4
590	Flynn	Brian	Lusk		30.5	5
636	Hanrahan	mark	Brothers Pearce A.C.		28.3	6
606	Raitt	Adam	Brothers Pearse AC		26	7