

# **Dublin Senior and Junior Cross Country Championships**

**Sunday 2nd November 2014.**

**Santry Park**

**(Hosted by Clonliffe Harriers)**

Juvenile Races start at 11.00am.

**Junior Women 4,000m 1.15pm**

**(Incorporating Under 19 Championship)**

8 to run – 4 to score

**Junior Men 6,000m 1.45pm**

**(Incorporating Under 19 Championship)**

8 to run 4 to score

**Senior Women 6,000m 2.15pm**

8 to run 4 to score

**Senior Men 10,000m 2.45pm**

12 to run 6 to score

**Entry Fees: Teams €30.00, Individuals €5.00**

**Entries to: Bernie Dunne,**

**14 Marley Grove, Rathfarnham, Dublin 16.**

**Email:berniedunne21@gmail.com.**

**Phone 01 5584190**

**Closing Date 29<sup>th</sup> October 2014.**