Dublin County Athletic Board

Dublin Senior & Junior Cross Country Championships

Sunday

6th NOVEMBER 2011

Santry Park

Santry

Juvenile Start 11.30 am

Promoted by

Clonliffe Hrs. & AC

Check-in and changing, Club House

Entry fee:-

EUR 30.00 per team
EUR 5.00 per individual

Under AAI and IAAF rules

Club Name _____

Club Colours _____

Reg No.	Name	Date of Birth
	Reserves	

Junior Athletes must be 16years. old and under 20 years old on 31st Dec. in competition year.

Senior Men ☐ **Senior Women** ☐

Junior Men ☐ **Junior Women** ☐

I certify that the above named athletes are eligible to compete for the event indicated.

Signed: _____

Club Secretary

Programme

Juvenile Programme starts at 11.30am

Junior Women 1.15pm
3000 metres
8 to run - 4 to score

Junior Men 1.45pm
6000 metres
8 to run - 4 to score

Senior Women 2.15pm
5000 metres
8 to run - 4 to score

Senior Men 3.00pm
10.000 metres
12 to run - 6 to score

ENTRIES TO:

NOREEN KEANE
9 OAKVIEW
SANTRY,
DUBLIN 9.

CLOSING DATE:- 28-10-11