Dublin Team Selection

A trial race for those eligible to compete on the Dublin team at Leinster level will be held on race day 2 minutes (Women) and 4 minutes (Men) after respective race starts.

All results for the Dublin Championships will be posted on the Dublin web site: WWW. dublinathletics.ie

Dublin Novice Entry Form

Club _____ **Colours** _____

Men ☐ Women ☐ Reg. No.	Name	Date of Birth
	Reserves	

All athletes must be registered for the current season.
Club singlet must be worn.

I certify that the above named athletes are eligible to compete for the above named club in the Novice Cross Country Championships.

Signed _____ **Club Sec.**

Entries to: PAT HOOPER
36 WESTBOURNE AVENUE
SUTTON, D5 D12

Qualification for Novice Cross Country Championship

Novice athletes must be 19years of age or over on the 31st December in the year of competition.

1. **Any athlete who has not won an individual (1st, 2nd, 3rd) medal at Novice, Intermediate or Senior Cross Country, at National, Provincial or County level, is eligible to compete in the Dublin Novice Cross Country and Road Championship.**

2. **Any athlete who has not won a 1st Team medal at Dublin Novice Cross Country Championship, or a 1st Team medal at Intermediate or Senior medal at National, Provincial or County level is eligible to compete in the Dublin Novice Cross Country and Road Championship.**

3. **Any athlete who has not won a medal at track championships at 1500 metres or longer at National, Provincial or County level is eligible to compete in the Dublin Novice Cross Country**